TEENAGER: Older Kid or Young Adult?



In our life we go through multiple When we are teenagers, multiple things are going on around us, not to been more of the latter.

stages. We start as a baby, then a mention all the bodily changes we experience. The hormones being retoddler, then a kid, then a tween. leased accentuates any emotion we feel making them hard to deal with These four stages of our life are and almost impossible to understand. Conflicts seem more important our childhood. After comes our than they are and everything eventually is a huge deal. Once we reach teenage years. They start on our adolescence, we have an increasing amount of responsibility put on us. 13th birthday and last until our 18th As I mentioned earlier, many teenagers right now are trying to grow up birthday. This stage lasts five years. too fast. We want to see and feel what our future looks like. Many of us When we turn 18, the world labels can't wait until we hold the possibilities of what we can do; have control us as an adult. Many people look of all the decisions and what goes on around us. We see the freedom back on their teenage years with adults have and we want that. We want to be free. What many teenagers regret. This is because a lot of us don't understand is that freedom comes with a price. When we are adults, either try to be the child from our living on our own, we have to deal with different burdens. Some responprevious years or try to grow up too sibilities that come with being an adult are taxes, bills, cooking, cleaning, fast. Recently, in our generation, it's plan retirement, providing for family and the responsibility of making our own choices. These are just a few of them. Being a teenager is a gift.



happiness.

period, we also come to sense with who we

We get more freedom than what we had as to real-life issues that they are not used to, or comfortable with. children and we don't have to deal with the Being a teenager is stressful. We can't go back to being a kid so responsibilities of being an adult. The five we look forward to the only other escape - adulthood. The way short years of our teenage years should be that we respond to these issues is how we build our character. filled with moments of self-realization and These reactions show us and everyone else the potential we carry.

Teenage years come with many advantages. We should enjoy be-Even though sometimes hormones can get ing a kid because we can have fun without the burden of responin the way of success for a regular teenag- sibilities. We can hang out with friends all the time, have summers er, being in the age group of 13-17 is prime off and can often get away with doing silly things without worrying time. We have the learning ability of a child about consequences. Although our teen years are an extremely and the maturity of an adult. This means weird and confusing time, we should use them to their full potenthat we can grasp concepts faster than oth- tial. We can understand what is going on around the world and er age groups while being able to use them grow as people, physically and mentally instead of trying to be in everyday situations with the maturity that older. We can have fun, learn and develop our character. We get comes with growing up. During this learning to have five years to experience life at its best, let's not waste it!

are as people and what morals we want to I like to hear from you regarding your interests for up and coming follow. Oftentimes, teenagers are exposed articles. Please reach out to me at www.hitha.me

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