



Empowering PEOPLE Through Music

We all know music is a universal language. With music you can communicate across cultures and countries. No matter where we come from or who we are, we all relate to the emotions that we hear and feel from the songs we listen to. It doesn't matter whether that be songs about relationships or songs about culture. There are so many languages that are spoken around the world. Even if you can't understand the words of a certain song, you'll be able to understand the emotions from it. We all feel the feelings and it is what makes us human. Therefore, music is so important to us.

Music is an inseparable part of our life. The influence of music on the behavior of people is significant and it has powerful effects on their actions, their perception of the world, themselves and their peers. The impact of music is very high on teenagers as it influences every aspect of their lives. So, it's a big responsibility for Songwriters to make sure their songs do not influence the younger generation in the wrong way. Many songs that are trending with millions of views have explicit lyrics, suicidal thoughts, along with graphics containing destructive themes. In the past, few artists popularized sad and self-harm music by creating songs filled with harmful content. This Style of songs made a comeback in



the past couple of years. Teens emulate their favorite artists' style and follow the message of their favorite songs. It is not only important for songs to talk about things like depression but also provide helpful solutions for them and help people overcome it. Many of us rely on music to get us through rough patches in our lives. When the music is even more depressing, what's the point?

Many important people are making this topic known. Music artists are writing songs about being mentally healthy and are putting true emotion into it. It is important to put positive thoughts in people's minds. After all, we don't know what it might cause them to do. Popular songs right now are not only talking about self-harm but are also disrespecting groups of people. The language teens use, the way they treat each other, and members of the opposite sex, have changed drastically over the years. Many songs categorize people by their gender, race, or sexuality. Separating people into groups will cause others to judge. It is important that no one feels left behind. In this day and age, we are coming close to accepting people for who they are. Hateful music is slowing down this empowering movement. We need to overcome this rock in our path before it destroys us.

Although there are many bad things happening in music, good things are coming out of it too. People are realizing that they don't want to be part of this trend. Teenagers are going back to music from the 2000s, looking for hopeful content and bright lyrics from that time. The current self-harm music phase is coming to an end, and I'm excited to see where it takes us. My goal is to contribute to the change going on in our world. I would like to INSPIRE people through my music to become better versions of themselves by depending on their own strength. I would like to be seen as an artist who is giving voice to the younger generation. My music will be uplifting, inspirational, and refreshing, with catchy melodies, and captivating themes with a feel-good atmosphere. Let's motivate everyone with the universal concept known as music and using it let's bring great joy, peace, growth, maturity into society, self-confidence, inspiration and prepare the youth for a better future. Music is a universal feature of the human experience and has the power to evoke deep feelings. Let us make this world a better place to live with music.



Hitha